

LUSH LIVING

WINTER 2017

VOL. 2 ISSUE NO. 2



2017
COLOR
TRENDS

TOP 5
KITCHEN
TRENDS

DIRTY
THINGS IN
YOUR
KITCHEN



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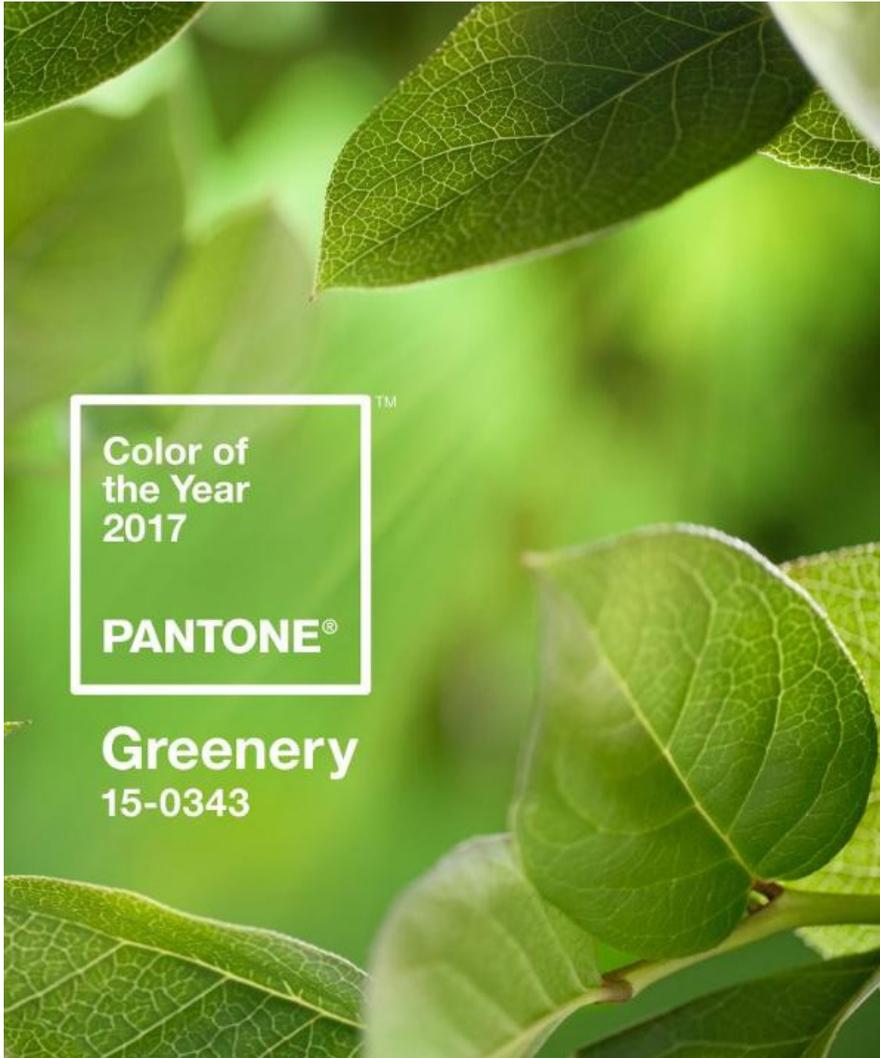
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A collaboration of the most popular kitchen trends that are predicted for 2017.



11 Dirty Things in Your Kitchen
Seven items in your kitchen that house bacteria and tips on how to clean them.

2017 Color Trends:

Greenery



Refreshing & Revitalizing

Pantone Color Institute has named the shade “Greenery” as their 2017 Color of the Year. The shade is a fresh yellow-green hue that evokes feelings of the early days of Spring and represents Mother Nature. From the everyday consumer’s perspective, Greenery elicits a calming awareness and enables you to take a deep breath and relax.

The shade is versatile and present in your daily life. You can expect to see Greenery in different forms through urban planning, architecture, lifestyle and design in 2017 throughout the world. Pantone describes it as “nature’s neutral” and pairs the color with neutrals, brights, deeper shades, pastels, metallics and even 2016’s Colors of the Year: Rose Quartz and Serenity.

“Greenery bursts forth in 2017 to provide us with the reassurance we yearn for amid a tumultuous social and political environment. Satisfying our growing desire to rejuvenate and revitalize, Greenery symbolizes the reconnection we seek with nature, one another and a larger purpose.”

-Leatrice Eiseman, Executive Director of the Pantone Color Institute



Make it Your Own

Brighten your kitchen by adding pops of color fit for 2017. Although Greenery is a shade more commonly seen outside of the house, it is such a versatile color that it can make any kitchen unique.

Jonathan Adler Green Pop decanter,
jonathanadler.com



Littala Kartio tumbler
finnishdesignshop.com



Linge Roset Vik 2 Chair
linge-rosset.com

Smeg Refrigerator in Lime- FAB28ULIR1,



2017 Color Trends: Shadow



“EMOTIONAL CONNECTIONS WITH THIS COLOR EVOKE NOSTALGIC MEMORIES OF LIGHT ON SPACE & COLOR.”

- Carl Minchew, VP of Color and Design at Benjamin Moore

COLOR OF THE YEAR 2017



"Shadow 2117-30" by Benjamin Moore





A Master of Ambiance

American paint company, Benjamin Moore, has named the shade "Shadow" as their 2017 Color of the Year. The sultry lilac-grey hue sets a dramatic, yet sophisticated tone in any room it envelops. Creative Director Ellen O'Neill describes Shadow as "allusive and enigmatic" as "it ebbs and flows with its surroundings, and light brings it to life."

SET OF THE SEASON:



This NBC drama-comedy follows the lives of a family with a unique story and how their lives intertwine with each other in curious ways. It stars Mandy Moore, Milo Ventimiglia, Sterling K. Brown, Justin Hartley and Chrissy Metz and airs Tuesdays at 9/8c.



Set decorator Beth Wooke, who worked on sets like “Murder in the First” and “Think Like A Man”, creates a classic family-style kitchen scene that is modern and stylish using appliances from Sub-Zero and Wolf.

**Model Shown
BI-36U/O**

The Sub-Zero 36" Built-in Over-and-Under Refrigerator keeps your food fresher longer with the most advanced food preservation technology available.



**Sub-Zero 36"
Built-In Refrigerator/Freezer**



Wolf 48" Gas Range

Model Shown GR488
The Wolf 48" Gas Range has performance features born of professional kitchens, for the precise control to master any type of cooking.



**Model Shown
BW-30/S**

The Sub-Zero 30" Built-In Column Wine Storage incorporates the latest features to store both reds and whites at the proper temperature.



**30" Built-In Wine
Storage**

DARKER FLOORS

The all-white kitchen has been popular for over a decade, but it's important to create a layered, inviting, and personal space for your guests. If you choose a light paint for walls or cabinetry, select a dark floor stain to make the room cozier.



FRESH HUES FOR SINKS

Sinks are trending away from white or stainless steel. A colorful sink is a great way to pop in a small amount of color in a neutral kitchen or make a focal point by using the same hue as the backsplash.



CHOOSE BOLD FIXTURES

Bold color isn't the only way to create excitement. Kitchen designer Vasi Ypsilantis used these oversized light fixtures with black fabric shades. "They're about 2 feet in diameter and are slightly larger than you would expect for the space," she says. "But they give a great sense of depth perception and create drama in a room with a typical low ceiling."



Dark floors create contrast in a white kitchen.

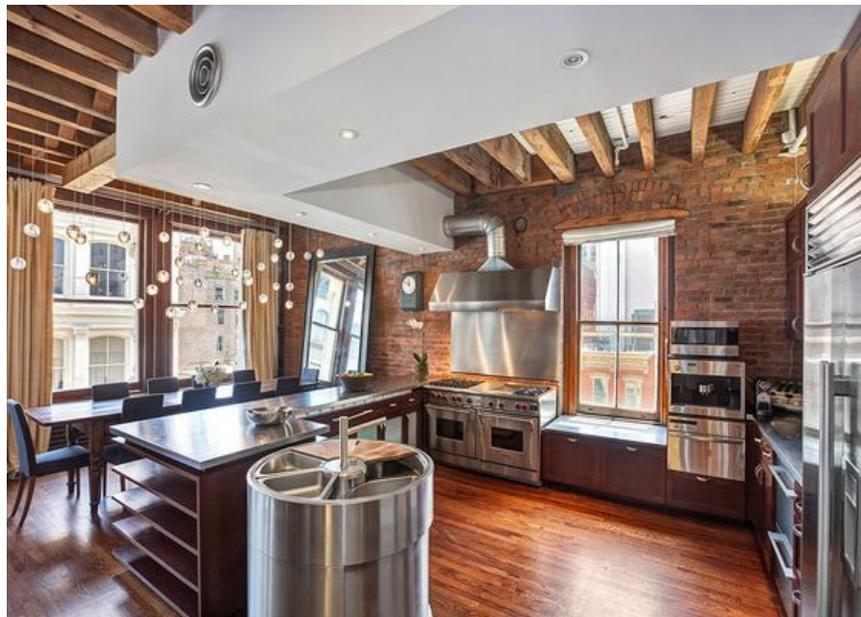
TOP 5 KITCHEN TRENDS

The Latest Looks For Your Home

basic
ul sink
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in the

THE INDUSTRIAL LOOK

Industrial design is characterized by details such as exposed brick, exposed pipes, rustic metals, and minimalist furniture. This is a look that combines the beauty of materials such as wood, stone, and concrete and then with advanced engineering creates innovative finishes and solutions.



QUARTZ OVER GRANITE

“Consumers Reports” says quartz is the toughest countertop material, which resists scratches, burns, and chips. Crushed quartz stone is mixed with resin to produce countertops that range from solid colors to the look of real granite, but they’ll beat natural stone in toughness. It’s easy to maintain, and unlike granite, you don’t have to seal it annually to prevent stains.



7 DIRTY THINGS In Your Kitchen

1. FRIDGE

Cold air, condensation, and food spills are the perfect recipe for unforeseen germs. Use a solution of hot water and vinegar to wipe down your fridge weekly, paying special attention to drawers where meat and produce are kept.

2. COUNTERTOPS

They may look clean, but deep down, the surface has more germs than you can imagine. Getting into a daily disinfectant routine before preparing a meal is the best defense against hidden bacteria resting on the surface of your countertops.

3. KITCHEN SINK

The combination of food waste, water, and the drain combine together to create breeding grounds for E. coli. Household solutions like vinegar may stop some bacteria from spreading, but to properly clean your kitchen sink, use the strongest kitchen disinfectant that is safe for your sink.

4. CAN OPENERS AND HAND HELD KITCHEN TOOLS

Chances are your can opener needs a good cleaning with a strong disinfectant. A solution of 1 part bleach to 2 parts water added to a spray bottle will clean away anything hidden that can cause foodborne illnesses.

5. KITCHEN SPONGES

Kitchen sponges are used to clean up any number of spills and often hold onto bacteria they collect when cleaning. Toss your kitchen sponge every two weeks or create a daily routine of tossing it into the dishwasher or heating it in the microwave for 30 seconds to kill any germs that might be growing.



6. CUTTING BOARDS

Whether you use a wooden board or a plastic board, they are one of the favorite places for bacteria to hide. Get into the routine of disinfecting your cutting board with a store-bought product, or make your own by creating a paste of 1 tablespoon each baking soda, salt, water, and lemon juice. scrub your board, rinse, and then dry well.

7. SMALL APPLIANCES

Blenders, hand mixers, stand mixers, and all those small appliances may also be home to any number of germs. Before you start cleaning them, thoroughly clean your appliances by using an old toothbrush to get those hard to reach areas clean, and then use a disinfectant to penetrate those hard to reach areas.





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